

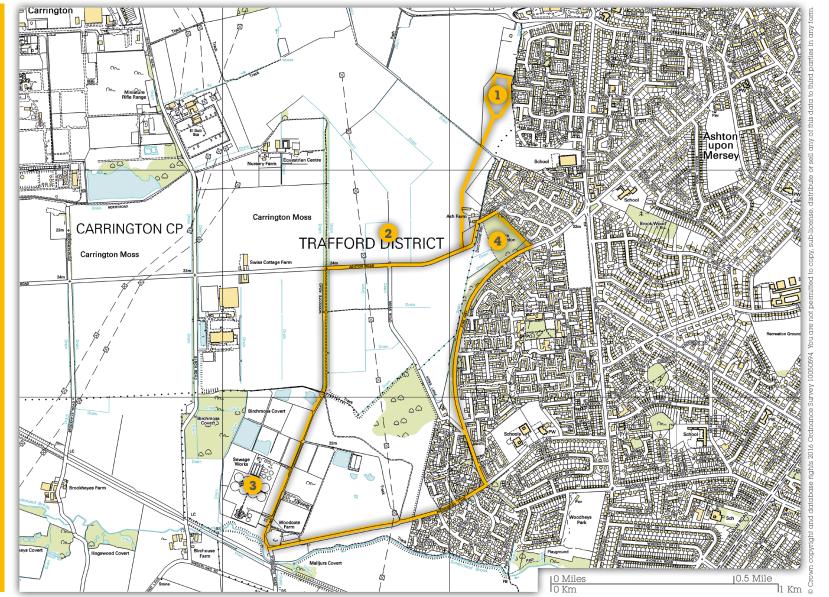
DAINEWELL PARK AND CARRINGTON MOSS

Distance: 3.7 miles / 6 km 🙆 Allow 1 hour 25 mins



This walk is one of ten exciting routes designed to help you explore some of Trafford's most beautiful countryside and parks on foot.

Trafford supports a diverse range of open spaces from the historic Longford Park, to visitor attractions such as Sale Water Park and Dunham Massey. Recreational routes, such as the Trans Pennine Trail and Bridgewater Way, pass through the borough's heart, linking local communities and visitors to the Mersey Valley and beyond.





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WALK DESCRIPTION

This circular route explores Carrington Moss and the Trans Pennine Trail. Enjoy walking through Trafford's Millennium Woodland and onto one of the nation's most renowned long distance trails. Take a moment to gaze over rich open fields before continuing along the Trans Pennine Trail (west), past mature silver birch trees and grazing horses. The return loop guides people along Woodhouse Lane and Firsway towards The Brigadier pub. Walkers are encouraged to enter the woodland opposite and rejoin the Trans Pennine Trail (east) to complete the walk at Dainewell Park.

ACCESSIBILITY

Paths are surfaced in areas but soft underfoot elsewhere. Some may become muddy after heavy rainfall. Suitable for off-road cyclists. Limited access for wheelchairs and prams.

TOILETS

None.

START POINTS

Dainewell Park, M33 5JP (recommended)

Firs Wood, M33 4FB

TRANSPORT LINKS

Bus Stop: Firsway / The Brigadier Car: Street parking available

POINTS OF INTEREST

1 Dainewell Park: The park contains a BMX track and facilities for children to enjoy. The adjoining Dainewell Woods and Millennium Woodland are important wildlife corridors.

2 Carrington Moss: This

large area of peat bog was reclaimed in the 19th century to meet Manchester's increasing farming and waste disposal requirements. It is one of the last remaining strongholds in Greater Manchester for corn bunting.

3 Altrincham Wastewater Treatment Works Pond: The pond attracts many wildfowl and waders in winter and on passage, including shoveler, ruddy duck, wheatear and vellow wagtail. The wildfowl can be admired swimming among the reeds and bulrushes, from the site boundary. Willow tits have been recorded nearby.

4 Firs Wood: This small mature woodland provides excellent habitat for woodland birds. It offers access to Carrington Moss and a vast network of paths and tracks, including the Trans Pennine Trail.



Altrincham Wastewater Treatment Works pond





Mature silver birch

Millennium Woodland









(Trafford Leisure







