

## **PE Statement of Intent**

"Ask not what your team mates can do for you. Ask what you can do for your team mates". Magic Johnson

PE is a subject in which pupils have the opportunity to experience a diverse range of physical activities. It promotes wellbeing, a healthy heart and a healthy mind, allowing pupils to experience successes and failures in a competitive sport as well as building resilience. Children have chances to collaborate and work in teams whilst having fun and positively engaging with their peers. Our PE curriculum aims to develop a wellrounded individual who understand the importance of physical activity and a healthy lifestyle. We aim to promote the values of teamwork, selfbelief, respect, passion, honesty and determination through inclusion.

## **Physical Education Curriculum Map**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Fundamental Movement Skills	Gymnastics	Dance	Stability	Target Games	Athletics
Reception	Fundamental Movement Skills	Gymnastics	Dance	Object Manipulation	Target Games	Athletics
	Invasion Games	Athletics/Fitness	Dance	Invasion Games	Striking & Fielding	Striking & Fielding
Year 1	Team Building	Gymnastics	Gymnastics	Net & Wall Games	Net & Wall Games	Athletics/Fitness
	Invasion Games	Athletics/Fitness	Dance	Invasion Games	Striking & Fielding	Striking & Fielding
Year 2	Team Building	Gymnastics	Gymnastics	Net & Wall Games	Net & Wall Games	Athletics/Fitness
Year 3	Invasion Games	Athletics/Fitness	Dance	Invasion Games	Striking & Fielding	Striking & Fielding
	Orienteering (OAA)	Gymnastics	Gymnastics	Net & Wall Games	Net & Wall Games	Athletics/Fitness



Year 4	Swimming	Swimming	Dance	Invasion Games	Striking & Fielding	Striking & Fielding
	Orienteering (OAA)	Gymnastics	Swimming	Net & Wall Games	Net & Wall Games	Athletics/Fitness
Year 5	Invasion Games	Athletics/Fitness	Dance	Invasion Games	Striking & Fielding	Athletics/Fitness
	Orienteering (OAA)	Gymnastics	Gymnastics	Net & Wall Games	Net & Wall Games	Striking & Fielding
Year 6	Invasion Games	Athletics/Fitness	Dance	Invasion Games	Striking & Fielding	Striking & Fielding
	Orienteering (OAA)	Gymnastics	Gymnastics	Net & Wall Games	Net & Wall Games	Athletics/Fitness

\*Swimming timetable may change.